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You can never
have too many
facials!

'SHAKE THE WINTER BLUES' PACKAGE

Shake away your winter blues this June for just \$89!

Indulge with a delightful **Half Hour Warm Stone** massage. Drift back to the warm summer days as the heat from the stones help you escape the winter blues.

To give your skin a beautiful healthy glow we have also included the **ASAP Glycolic Peel** and to top it off we'll also give you a **\$30 microdermabrasion voucher!**

This facial will prepare your skin for the cooler months, leaving you fresh and revitalised.

Benefits of the ASAP Glycolic Peel include:

- Improved freshness and smoothness of complexion
- Improved acne, congestion and blocked pores
- Reduced appearance of fine lines and wrinkles
- Improved texture of skin and stimulated collagen renewal
- And can also improve superficial scarring and irregular pigmentation



Available only in June 2016 (Valued at \$130) – voucher valid for 2 months

PROSKIN CLINIC

Permanent Hair Reduction Special...

For a limited time receive a **FREE** underarm permanent hair reduction treatment with any bikini treatment! (Valued at \$100)

Carolyn's Next Visiting Dates:

- Tuesday 14th June
- Wednesday 15th June
- Monday 4th July
- Monday 22nd August
- Monday 19th September
- Monday 17th October



Winter Skin

DO'S

HYDRATE – Dry skin is a key indicator of dehydration, so it's best to get your H2O on before you crave it.

EXFOLIATE – Delicately dry-brush twice a week with a small, soft boar-bristle brush, which clears dead skin naturally.

PROTECT – Sunscreen is a must 365 days of the year.

DETOXIFY – Once a week apply a mask to tighten, tone and purify.

DONT'S

OVERKILL – Because your skin is more prone to irritation during drier winter months, it's best to keep a simpler routine.

OVER EAT – We crave rich foods this time of year, too much of a good thing can show up as clogged pores and breakouts.

UNDER EAT – On the flip side, too few calories can leave you looking shallow and haggard.

UNDERSLEEP – Skimping on sleep results in puffy eyes, dark circles and ashy complexions- not a great look.

Don't worry about blow drying
your own hair this month!!

Enjoy a shampoo and blow dry
with Kristy on Thursdays, Fridays
and Saturday

Just \$10!!



YOUNGBLOOD ANTI-SHINE

MATTIFIER - \$59.95



Youngblood's Anti-Shine
Mattifier is the answer for
everyone who struggles with
oily skin!

It is made for those with oily
skin as it absorbs surface oils,
reducing that shiny look! And
it only needs to be used once
a day!

APPLICATION:

The mattifier is to be applied before foundation
(doesn't matter whether it is liquid or powder)

Apply using the sponge that come with it or can also
be applied using a foundation brush

Apply mainly to the T-Zone and then go towards the
outer of the face if necessary.

REMINDER: If you are booked in for a cut and colour service and decide you no longer wish to have a colour (or any other service if you are booked in for multiple services), please let us know in advance so we can offer that time to another client.



We know how much you all like the ANZAC biscuits in the salon,
so here it is...



LINDA'S ANZAC BISCUIT RECIPE

Ingredients:

- 1 Cup Rolled Oats
- 1 Cup Plain Flour
- 1 Cup Brown Sugar (lightly packed)
- 3/4 Cup Desiccated Coconut
- 125g Butter or Margarine
- 2Tbsp Golden Syrup
- 1 Tsp Bicarbonate Soda
- 3Tbsp Boiling Water

Method

- Combine oats, plain flour, brown sugar and coconut, blend thoroughly.
- In microwave melt butter combined with syrup.
- Add bicarbonate soda to boiling water, and then add to the melted butter mixture.
- Make a well in the centre of dry ingredients and stir in liquid, mixing thoroughly.
- Spoon Tablespoon size amounts onto lightly greased baking tray, leaving room in between for biscuits to spread.
- Bake in oven at 150°C for 15-17 minutes. Allow to cool on tray for 5 minutes, then move to a wire rack to finish cooling.

Makes approximately 36 biscuits

