

**Free Naps  
with Every  
Lash Service**



## PROSKIN CLINIC

Carolyn from Proskin Clinic will be visiting on Monday and Tuesday 22<sup>nd</sup> and 23<sup>rd</sup> August for all your permanent hair reduction needs, skin rejuvenation, and cosmetic tattooing.

### *Why winter is the best time to start waxing*

Winter is the perfect time to get into a regular waxing routine. Why would you want to wax? Let's explore a few of the benefits of waxing. Waxing over time reduces the hair growth. It does this by repeatedly removing the hair in the anagen (growth stage) which eventually weakens the structure surrounding the hair follicle which is responsible for the hair growth. A regular waxing routine, waxing about every 3 – 4 weeks, means that you can get as many hairs as possible in this growth cycle. If you leave your hairs to get too long they are no longer growing but in their resting state, also known as a dead hair, which already has another new hair waiting to come through giving you the impression that the wax didn't last as long, adding to it the fact that a dead hair is also a brittle hair which means it could easily break off during waxing. So ideally to get most out of your waxing you want to avoid hairs in their telogen (resting) stage and a regular waxing routine does exactly this.

For first time waxers, the hair probably needs about 3 to 4 weeks growth before we can wax it. The reason being is so that the wax can actually grab hold of the hair. This is why winter is a great time to start waxing, you grow your hairs out for their first wax when they are at their hairiest in winter and not likely to be exposed.

### *Tips to help make your waxing less painful*

1. Avoid letting the hair get too long, especially in the bikini line area, the longer the hair the more painful it seems to be to remove.
2. Helping the therapist by holding the skin taut, this helps again in the bikini and underarm areas especially.
3. Avoid shaving in between waxes, this not only makes it less painful but you get a better result from your waxing.



4. It seems to be the more you get waxed the less it hurts. Your first time is always a little bit scary but after that the hairs get used to being pulled out and it becomes easier

Buy any **3**  
Ultraceuticals products  
(including a treatment  
product) for the month of  
August and receive a  
**FREE**  
Microdermabrasion!

Valued at \$110

## Lash Sheds

The average person has between 90-120 lashes per eye on their upper lid.

Each eye sheds approximately 2-5 lashes every day

If we average this at say 3 lashes per day

In 1 week you will lose 21 lashes

In 2 weeks you will lose 42 lashes

In 3 weeks you will lose 63 lashes



## New Look For Environ C-Quence Range

The Environ C-Quence range has undertaken a couple of small changes, firstly the packaging and name have been upgraded to be called Youth EssentiA. This range contains a highly effective combination of powerful vitamins, peptides and antioxidants that work together to create the appearance of smoother, healthier looking skin and a more radiant youthful complexion.

The serums contain a vitamin step up system using vitamin A, C and E as well as antioxidants and anti aging peptides. Another small change for the better is you now receive 2 types of vitamin A in the serums instead of just 1.

Because of the freshness and short shelf life of this product I order it in especially for clients so that you receive it as fresh as possible.



## UPSTYLES WITH KRISTY \$30

Have a special occasion on a Friday or Saturday in August? If you are interested in being a model Kristy would love to practice her up styling skills on you for the special price of just \$30. We think she's pretty good!



## Ez Bobbles

Now available in salon, \$6.95 for a pack of 3. Stop hair breakages with these gentle hair ties. Avoid headaches caused by tight ponytails and care for your hair.